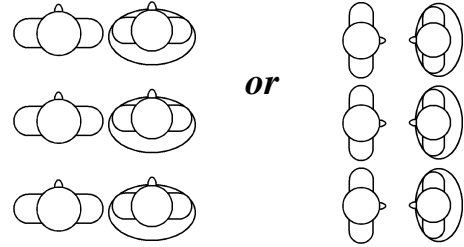


Horse's Bransle

Arbeau (1581?)

Setting: A column of couples.



Version One:

Standing next to each other and facing the musicians (ladies on the right), the couples hold both hands, left-hand-to-left-hand and right-hand-to-right-hand. This is like the “ice skating” hold.

- 1 walk forward one step with the left foot
- 2 walk forward one step with the right foot
- 3 walk forward one step with the left foot
- 4 bring your feet together
- 5 walk backward one step with the right foot
- 6 walk backward one step with the left foot
- 7 walk backward one step with the right foot
- 8 bring your feet together

- 9 – 16 (repeat)
17 – 24 (repeat)
25 – 32 (repeat)

Mime

Couples turn to face each other.

Men only:

- 1 paw the ground like a horse (right foot)
- 2 paw the ground like a horse (right foot)
- 3 step sideways to the right
- 4 bring your left foot together with your right
- 5 }
- 6 } turn around counter-clockwise returning to
- 7 } your starting position
- 8 }

Ladies only:

- 9 paw the ground like a horse (right foot)
- 10 paw the ground like a horse (right foot)
- 11 step sideways to the right
- 12 bring your left foot together with your right
- 13 }
- 14 } turn around counter-clockwise returning to
- 15 } your starting position
- 16 }

Version Two:

Standing facing each other, the couples hold both hands uncrossed.

- 1 step up the hall one step with the up-hall foot
- 2 bring your feet together
- 3 step up the hall one step with the up-hall foot
- 4 bring your feet together
- 5 step down the hall one step with the down-hall foot
- 6 bring your feet together
- 7 step down the hall one step with the down-hall foot
- 8 bring your feet together

- 9 – 16 (repeat)
17 – 24 (repeat)
25 – 32 (repeat)

Mime

Men only:

- 1 paw the ground like a horse (right foot)
- 2 paw the ground like a horse (right foot)
- 3 step sideways to the right
- 4 bring your left foot together with your right
- 5 }
- 6 } turn around counter-clockwise returning to
- 7 } your starting position
- 8 }

Ladies only:

- 9 paw the ground like a horse (right foot)
- 10 paw the ground like a horse (right foot)
- 11 step sideways to the right
- 12 bring your left foot together with your right
- 13 }
- 14 } turn around counter-clockwise returning to
- 15 } your starting position
- 16 }